**Erin Shanahan**

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# Education

***Doctorate of Philosophy in Psychology*** September 2017- Current

Wilfrid Laurier University, Waterloo Ontario

***Honours Bachelor Degree of Art in Psychology*** 2011-2015

Brock University, St. Catharines Ontario

**Publications**

Shanahan, E., & Busseri, M. A. (2019). A systematic review of the relationship between life script event age and valence across the lifespan. *Psychology and Aging.*

Evans, M. B., Shanahan, E., Leith, S., Litvak, N., & Wilson, A. E. (2019). Living for today or tomorrow? Self-regulation amidst proximal and distal exercise outcomes. *Applied Psychology: Health and Well-being.*

Wilson, A. E. & Shanahan, E. (2019). Temporal comparisons in a social world. In J. Suls (Ed.). Social Comparison in Judgment and Behavior. Oxford Press. Invited chapter, accepted.

Shanahan, E., & Busseri, M. A., (2016). Life gets better and better: Cultural life script theory and subjective life satisfaction trajectories among young adults. *European Journal of Personality, 30*(6), 564-579*.*

**Forthcoming**

Shanahan, E., Wilson, A. E., & Chauhan, P. K. It’s out of my hands: Depression, locus of control, and beliefs about future life satisfaction. *Manuscript in Preparation.*

Shanahan, E., & Wilson, A. E. Self-fulfilling futures: Implicit theories, engagement in well-being supportive behaviors, and satisfaction over time. *Manuscript in Preparation.*

Ward, C. Shanahan, E., Brassard. L., & Wilson, A. E. The path to happiness has a fork in the road: When is well-being fostered by short-term pleasure or long-term pursuit? *Manuscript in preparation.*

**Presentations**

Shanahan, E., & Wilson, A. E. (2018, May). *The road to a brighter future: Implicit theories of happiness predict different beliefs about the sources of life satisfaction*. Talk presented at the Canadian Conference on Positive Psychology, Toronto, Ontario, Canada.

**Posters**

Shanahan, E., & Busseri, M. A. (2018, May). *Life gets better and better, or worse and worse?*

*A multi-country meta-analysis of the cultural life script.* Poster presented at the Society for Personality and Social Psychology Convention, Happiness and Well-being pre-conference, Portland, Oregon, USA.

Shanahan, E., & Wilson, A. E. (2019, February). *Self-fulfilling futures: How implicit theories may contribute to satisfaction over time.* Poster presented at the Society for Personality and Social Psychology Convention, Portland, Oregon, USA.

Shanahan, E., & Busseri, M. A. (2018, May). *Life gets better and better, or worse and worse?*

*A multi-country meta-analysis of the cultural life script.* Poster presented at the Canadian Conference on Positive Psychology, Toronto, Ontario, Canada.

Shanahan, E., & Wilson, A. E. (2018, March). *How do I get there from here? Depressive symptoms and locus of control predict beliefs about the sources of future life satisfaction.* Poster presented at the Society for Personality and Social Psychology Convention, Happiness and Well-being pre-conference, Atlanta, Georgia, USA.

Shanahan, E., & Wilson, A. E. (2018, March). *Pathways to Satisfaction: Implicit theories of happiness predict different beliefs about the routes to life satisfaction improvement.* Poster presented at the Society for Personality and Social Psychology Convention, Atlanta, Georgia, USA.

Shanahan, E., & Wilson, A. E. (2017, June). *My future must be brighter: Unrealistic life satisfaction trajectory estimates are related to an absence of plans to improve future life satisfaction.* Poster presented at the Canadian Psychological Association Convention, Toronto, Ontario, Canada.

Shanahan, E., & Busseri, M. A. (2017, June). *Life script theory and the belief that ‘life gets better and better’: A Multi-Country Meta-Analysis.* Poster presented at the Canadian Psychological Association Convention, Toronto, Ontario, Canada.

Shanahan, E., & Busseri, M. A. (2016, June). *Life gets better and better: Cultural life script theory and subjective life satisfaction trajectories among young adults*. Poster presented at the Canadian Conference on Positive Psychology, Niagara-On-The-Lake, Ontario, Canada.

**Non-Refereed Contributions**

Shanahan, E., & Wilson, A. E. (2018, May). *The road to a brighter future: Implicit theories of happiness predict different beliefs about the sources of life satisfaction*. Talk presented at the Waterloo- Western- Wilfrid Laurier Social Psychology Conference, Waterloo, Ontario, Canada.

Shanahan, E., & Wilson, A. E. (2017, May). *My future must be brighter: Unrealistic life satisfaction trajectory estimates are related to an absence of plans to improve future life satisfaction.* Poster presented at the Waterloo- Western- Wilfrid Laurier Social Psychology Conference, London, Ontario, Canada.

Shanahan, E., & Wilson, A. E. (2017, March). *Onwards and Upward: Investigating the puzzle of inclining life satisfaction trajectory estimates.* Poster presented at the Wilfrid Laurier University Honours Thesis Poster Conference, Waterloo, Ontario, Canada.

Shanahan, E., & Busseri, M. A. (2015, May). *Effects of cultural life scripts on the subjective life satisfaction trajectories of young adults*. Talk presented at the Ontario Psychology Undergraduate Thesis Conference, London, Ontario, Canada.

**Honours and Awards**

2018-2021 Joseph-Armand Bombardier Canadian Graduate Scholarship- Doctoral

 ($105,000)

2017-2018 Ontario Graduate Scholarship

 ($15,000)

2017-2018 Dean of Graduate and Postdoctoral Studies Scholarship

 ($5,000)

2016-2017 Joseph-Armand Bombardier Canada Graduate Scholarship- Masters

 ($17,500)

2016-2017 Dean of Graduate and Postdoctoral Studies Scholarship

 ($5,000)

2012-2015 Brock University Deans List

2011-2014 Brock University Entrance Scholarship

 ($14,000)

**External Funding**

2017-2018 Ontario Centres of Excellence’s (OCE’s) Voucher for Innovation and Productivity (VIP)

 Co-applicant, ($25,000)

**Teaching Experience**

***Teaching Assistant:*** Introduction to Statistics

Analysis of Variance

Linear Models

 Advanced Statistics II

 Introduction to Social Psychology

 Research Methods in Social Psychology

***Workshop facilitator:*** “An introduction to simple, parallel, and serial mediation using PROCESS

Version 3”

“Mastering moderation: An introduction to examining two-way interactions in PROCESS Version 3”

***Guest Lecture:*** Introduction to Social Psychology

 “The Self”

 Research Methods in Social Psychology

 “The Crisis of Confidence and Questionable Research Practices”

**Research Experience**

2017- Current Research Associate

 *GoodLife Fitness*

2016-Current Behavioural Researcher

 *Wilfrid Laurier University*

2015- 2016 Research Assistant

 *Dr. Michael Busseri, Brock University*

2015- 2016 Research Assistant

 *Dr. Caitlin Mahy, Brock University*

**Reviewer Experience**

* Ad hoc reviewer for Journal of Personality and Social Psychology
* Ad hoc reviewer for Memory
* Ad hoc reviewer for Journal of Social and personal Relationships

**Workshops/ Additional Courses**

* R Programming

*Johns Hopkins University, online through Coursera*

* The Data Scientist’s Toolbox

*Johns Hopkins University, online through Coursera*

* Programming for Everybody (Getting Started with Python)

*University of Michigan, online through Coursera*

* Python Data Structures

*University of Michigan, online through Coursera*

* University Teaching Foundations

*Wilfrid Laurier University, Waterloo, Ontario*

* Statistical/Machine Learning

*Wilfrid Laurier University, Waterloo, Ontario*

* Using Data to Solve Problems: An Introduction to Artificial Intelligence and Machine Learning for Beginners

*Ladies Learning Code, Kitchener, Ontario*

* Learning R Workshop

*Wilfrid Laurier University, Waterloo, Ontario*